

ACET Primary Physical Education – Curriculum Intent and Implementation 2020-2021

The **Intent** of Physical Education Curriculum at Lowedges Junior Academy is to develop PE to ensure that all students, including those with SEND, will learn in a way that is differentiated and personalised to meet their needs. In doing so all pupils:

- Are passionate, engaged and enthusiastic about sport and being active, having a keen interest in PE with a willingness to participate eagerly in every lesson and the ability to make informed choices about engaging fully in extracurricular sport.
- Have the opportunity to experience a balanced and varied curriculum allowing students to participate in a wide variety of activities covering the development of fundamental skills in KS1 and then progressing to sport specific skills in KS2; including, invasion, striking and fielding, aesthetics and athletics sports.
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.
- Use sport specific terminology with confidence, building up an extended specialist vocabulary.
- Have and maintain high levels physical fitness.
- Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol, exercising regularly and understand the importance of mental well-being.
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being.
- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve high levels of performance.
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others.
- Employ imagination and creativity in their techniques, tactics and choreography.
- Are able to improve their own and others' performance.
- Can work independently for extended periods of time without the need for guidance or Support.
- Have a sound understanding of different sports, their origins, including British and world-wide sporting role models.
- Are prepared to transition from KS1 to KS2 and then KS2 to KS3 with the skills, knowledge, self-esteem and character to excel in KS2.
- Attitudes and the ability to make informed choices about engaging fully in extracurricular sport.

The **intent** of our curriculum is studying a variety of sports and activities –

Teachers are provided with the ACET Trust Primary curriculum overviews and schemes of work. As part of this planning process, teachers need to plan the following:

- A cycle of lessons for each subject, which carefully plans for progression, depth and is differentiated to the needs of the class.
- Challenge questions for pupils to apply their learning in a philosophical/open manner.
- Experiencing tactics and strategies through a series of condition and competitive games.
- Having the opportunity to attend extra-curricular activities and represent the school.
- Celebrating successes and manage the challenges of defeat.

Staff should have the opportunity to work with experts in the ACET team and learn from their work ethic and demonstrations of good practice.